



Ruth Jean Helm

APR 6, 1949 - SEP 14, 2025



Scan to Visit

Table of Contents

| | |
|---------------------------|--------|
| Obituary | Page 3 |
| Events | Page 5 |
| Tribute Wall | Page 6 |
| Media | Page 8 |



Ruth Jean Helm

APR 6, 1949 - SEP 14, 2025

Ruth Jean (Provost) Helm passed away on September 14, 2025, at her home in Decatur, IL, with her loving family by her side. Ruthie was born April 6, 1949, in Oak Park, IL, the daughter of Edmund and Marge Provost. She grew up in Carpentersville, IL, and attended Irving Crown High School. She attended Eastern Illinois University, graduating with a degree in Business Education. She married Jim LeMaster in 1972. This union produced two daughters whom she loved and adored through her entire life. She was the quintessential Mamma Bear. She taught school at Argenta/Oreana Middle School and at Richland Community College. In 1989 she started work at Caterpillar where she met and married Randy Helm, retiring after 19 years to spend time with her grandchildren. She maintained lifelong friendships with many of her sorority (Delta Zeta) sisters. She lovingly sponsored children in Haiti for many years. She adored all her children and grandchildren and felt so fortunate to have them to love. Ruthie's favorite things were family gatherings, travel, quiet moments, watching the hummingbirds, enjoying and sharing the beauty and wildlife around her home, and spending time with her grandchildren. A woman of true faith, she was a member of GT Church. Ruthie had a lifelong passion for reading and even wrote a book titled "Feeling Broken" about how to trust God with your troubles.

She was welcomed into heaven by her parents, her sister Mary Helin, nephew Kevin Provost, brother-in-laws Michael Farr and Terry Helm. Ruthie was deeply loved and admired for her warmth, strength and unwavering dedication to those she loved. Her life was a reflection of love, resilience, and dedication. She fought Progressive Supranuclear Palsy (PSP) with the courage and tenacity of the strong woman she was. A special thank you to her sisters-in-law Shirley Farr and Carolyn Damery for their compassion and help through this time of need. A heartfelt thank you to the nurses at DMH and the people at Hands of God Hospice for their care and compassion. Although we will miss her deeply, we are grateful that her pain and suffering has ended and she is



Obituary

Ruth Jean Helm

APR 6, 1949 - SEP 14, 2025

at peace. Survivors include: her husband of 34 years, Randy, daughters Jayme (Mark) Molinari, Lindsay (Bryan) LeMaster Kortte, stepsons Brian (Jen) Helm and Philip (Shannon) Helm, brother Robert (Pattie) Provost, 16 grandchildren: Caden, Hillary, Cohlman, Elle, Max, Aubrey, Ashley, Samantha, Jackson, Luke, Sarah, Joseph, David, Susanna, Kathryn and Levi, and many other family and friends.

There will be a visitation from 4-7pm on Friday, September 26, 2025, at Graceland/Fairlawn Funeral Home. A memorial service will be held at 2pm, Saturday, September 27, 2025, at Graceland/Fairlawn Funeral Home. Memorials can be made to GT Church or Cure PSP Inc. 325 Hudson St, FL4, New York City, NY. 10213-0806.

Moran & Goebel Funeral Home is handling the cremation service. Condolences may be expressed at <https://www.moranandgoebel.com>.



Events

Ruth Jean Helm

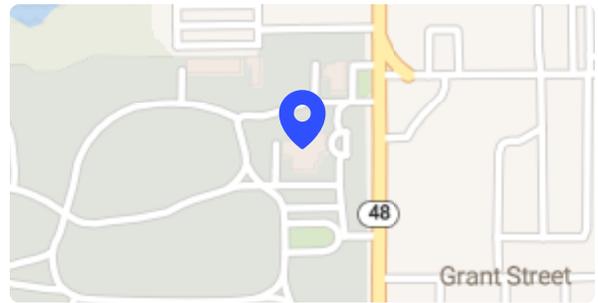
APR 6, 1949 - SEP 14, 2025

Memorial Visitation

 **Friday**, September 26, 2025

 4:00 PM - 7:00 PM CT

 **Graceland / Fairlawn Funeral Home**
2091 N. Oakland Avenue, Decatur IL 62526

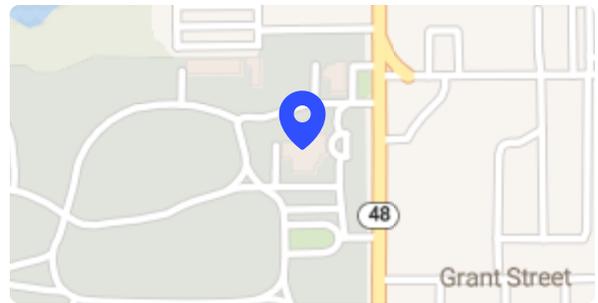


Memorial Service

 **Saturday**, September 27, 2025

 2:00 PM CT

 **Graceland / Fairlawn Funeral Home**
2091 N. Oakland Avenue, Decatur IL 62526





Tribute Wall

Ruth Jean Helm

APR 6, 1949 - SEP 14, 2025



The Eiseman Family sent a Serene Reflections Bouquet to the Helm family.

September 25 at 1:40 PM



The Eiseman Family planted a Memorial Tree in honor of Ruth.

September 25 at 1:40 PM



Anonymous sent a Simply Elegant Spathiphyllum to the Helm family.

September 24 at 1:24 PM



Anonymous planted a Memorial Tree in honor of Ruth.

September 24 at 1:24 PM



Love, Monica, Carrie, Megan & Family sent a Simply Elegant Spathiphyllum to the Helm family.

September 21 at 10:39 AM



Love, Monica, Carrie, Megan & Family planted a Memorial Tree in honor of Ruth.

September 21 at 10:39 AM





Tribute Wall

Ruth Jean Helm

APR 6, 1949 - SEP 14, 2025



Hillary Owens posted:

"I HAD A HIP REPLACEMENT!!!!!!"-mimi in alaska on the bus

September 16 at 5:41 PM



Anonymous sent a Sentiments of Serenity Spray to the Helm family.



September 16 at 8:32 AM



Anonymous planted a Memorial Tree in honor of Ruth.



September 16 at 8:32 AM



Bob Provost shared 2 photos to the **Tribute Wall** album.

Too many to pick just one. When we lived in the 800 sq. ft. 3 bedroom home in Meadowdale, she shared a bedroom with our sister Mary and I, as the only boy, got my own bedroom. Seemed fair to me. I miss my sisters, my family.



September 16 at 8:06 AM



Media

Ruth Jean Helm

APR 6, 1949 - SEP 14, 2025



Bob Provost shared 2 photos to the **Tribute Wall** album.

September 16 at 8:06 AM





Memories only last if you share them

Join us in honoring Ruth by contributing to a collection of shared memories.



Scan to Visit